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## RACHEL KHOO

### Rachel Khoo's Muesli and Granola

**Classic French recipes from the *Sunday Times* bestselling author of *The Little Paris Kitchen*.**

From her tiny kitchen in Paris, Rachel Khoo has revolutionised the way in which we think about French food. With her own modern twist on French cuisine, Rachel shows you how to create your own delicious granolas and porridges. She also provides tasty ideas for using muesli in crumbles, cookies, muffins, bread and amuse-bouches. Including ideas for children and for those with gluten allergies, this is a unique collection of recipes that will inspire you to start your day with a little bit of Paris.

**Rachel Khoo's** book and BBC TV series *The Little Paris Kitchen* have been huge successes. She trained at Le Cordon Bleu and now runs Paris' smallest underground restaurant from her kitchen.

#### author snapshot

Location: Paris, France  
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## JENNIFER IRVINE

### The Quick and Easy Diet for Food Lovers

**Healthy, delicious and convenient low-calorie recipes for busy people.**

From the founder of The Pure Package, the gourmet diet food delivery service, and author of the hugely successful *The Diet for Food Lovers*, comes this delicious collection of recipes designed to be healthy, nutritious and quick. Ideal for people who lead busy lives but still want to eat and feel healthy, this gorgeously illustrated book will provide all the tips, tricks and know-how needed to whip up meal after meal with minimal fuss.

**Jennifer Irvine** started The Pure Package from her own kitchen in 2003. It is now an award-winning multi-million pound business. Jennifer grew up on a self-sufficient farm in West Cork, Ireland, where her parents still make Milleens Cheese. She has won many awards including the Shell Livewire Young Entrepreneur of the Year 2005, *Harper's Bazaar* Entrepreneur of the Year 2007 and is involved in mentoring future entrepreneurs. She has also worked as Ambassador for Enterprise with No. 10 and No. 11 Downing Street.

#### author snapshot

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