



Orion Cookery/Diet
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This is the only
 soup cookbook
 that any cook will
 ever want.

NICOLE PISANI, KATE ADAMS

Magic Soup

A collection of delicious, nutritious and flavoursome soups from the head chef of Nopi.

Magic Soup features over a 100 innovative and comforting recipes to reinvigorate meal times and to help lose weight. Recipes include Salmon Poached in Lemongrass Tea, Butternut Squash with Caramelised Pear and The Ultimate Chicken Soup for the Soul. These meals will redefine people's expectations and help to erase the myth that soup cannot be a satisfying and filling meal. Authors Nicole Pisani and Kate Adams have successful careers in the food and diet industry: Nicole is head chef at trendy London restaurant, Nopi, and Kate is the founder of the weight loss blog, The Flat Tummy Club, where she lost over two stone on a soup-based diet.

Nicole Pisani is head chef at Yotam Ottolenghi's Soho restaurant, Nopi.

Kate Adams is the author of *The Flat Tummy Club Diet*, which has been featured in the *Daily Mail*, *Harper's Bazaar* and *The Times*. She has over a thousand followers on Facebook and regularly tweets her recipes on Twitter.

author:

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 Available for interview
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