

WELCOME TO *The* Green Parent



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WELCOME TO OUR TRAVEL special edition of The Green Parent. Paraphrasing one of my favourite kids TV shows... This edition was brought to you by the spirit of the Rowan. Also known as Lady of the Mountain and the Goddess Tree, this tree is about resilience, creativity and the ability to thrive in adverse conditions. And hence, this issue has a real sense of adventure. Meet the families who've shunned the nine to five and taken off into the sunset to raise children up in a different way. Reading these stories and

their discoveries. I want to spend more time with family and friends, celebrating life. This year is going to be learning to set boundaries around my working life. Aiming for less time spent in front of a screen and more time roaming a forest instead. I'm committed to tackling a long distance path for every issue of the magazine we create. Inspired to explore this year? Inside you'll find a family holiday guide packed with adventurous ideas and wonderful places to stay to help you carve out some family down-time. We

'I WANT TO SPEND MORE TIME WITH FAMILY AND FRIENDS, CELEBRATING LIFE. AIMING FOR LESS TIME IN FRONT OF A SCREEN AND MORE TIME ROAMING A FOREST INSTEAD'

delving more deeply into each of the family's reasons for choosing a life outside the mainstream led me to consider my own hopes and dreams. As we embark on 2019 I am mindful of what I want to manifest in my life this year. After a tumultuous period with too much 'busyness' I am hopeful that I can create more down time this year, more time spent in connection with the earth, more time to just be. I want to watch my children, and my nephew and niece, grow and learn, and have the time and space to delight in

join three families who are on a mission to live without plastic and speak to one passionate mother about how she brings up her kids to be socially conscious. There's lots to get stuck into and I'd love to hear what you enjoyed and what you'd like to read more of. Wishing you and your family the most magical year ahead,

Melissa

Melissa Corkhill, Editor

THIS MONTH I'M...

PLANNING To walk St. Cuthbert's Way ending on the sacred isle of Lindisfarne in Northumberland
READING The Children's Fire – one man's journey across Wales in the depths of winter armed with a sleeping bag and home-grown food
TIDYING Late to the party, I'm using Marie Kondo's method to get rid of clutter
SHOPPING zerowaste with the brilliant Charlotte's Cupboard (charlottescupboard.com)