



ZERO WASTE KITCHEN

Some of our favourite new goodies for a plastic-free lifestyle

1. Biodegradable Lunch Box, £16.99, wearthlondon.com 2. Flip & Tumble 24/7 Reusable Bag, £11.99, flipandtumble.uk
 3. Stainless Steel Water Bottle, £12, wearthlondon.com 4. Glass Tea Infuser, £20, wearthlondon.com 5. Mason Jar Vintage Set, £5.99, yorkshiretrading.com 6. Eva Solo Sports Water Bottle, £29, amara.com 7. Double Walled Stainless Steel Water Tumbler Red, £14, creative-tops.com 8. Painted Bamboo Container, £145, shimu.co.uk 9. Heavy Duty Unsponge, £4.99, rowenstillwater.com
 10. Wooden scrubbing brush, from £3.50, cotswoldtrading.com 11. Fairtrade Sandwich Bag, £6, greentulip.co.uk

GREEN CLEANING

Tara Button shares her top tips for plastic free cleaning

* I use a Redecker dish brush with a replaceable head. It cleans brilliantly and is biodegradable. Simply buy a replacement head when you need to. Sometimes you really need a scouring pad to get rid of baked-on food. Try the Safix coconut hair

scrub pad. It is completely plastic free and compostable at the end of its life.

- * Dishcloths nearly always end up in the landfill. You can use old rags to clean or try Skoy Cloths.
- * Kitchen towels are used a lot, not usually recyclable and are designed to be thrown away after one use. Choose Ecoegg bamboo towels instead. They are strong, absorbent and can be thrown in the washing machine to be used again and again.

* Washing up liquid can be tricky. Ecoer pride themselves on making planet friendly products which use plant based and biodegradable ingredients and their packaging is made from recycled and plant plastic, you can refill your bottles at certain stores. You can also use a bar of soap by swirling it around your sink water and dabbing your dish brush on it as required; however, this method does not foam and is not for everyone. tarabutton.com.