

WanderSleeps: Snow & ice
Winter is here! Brave the chill and hunker down in mountain-top towers, treetop boltholes and moving cabins in the coolest climes



WIN

Three trips from Exodus Travels – worth up to £20,000! **p44**

A trip to Kuala Lumpur and Penang, worth £5,500, with Malaysian Airlines **p86**

A walking holiday for two in Portugal, worth £2,000 **p148**

This issue mapped

Albania	p79, p165
Antarctica	p33
Aqaba	p28
Argentina	p34
Australia	p31, p186
Belarus	p85
Belize	p164, p165
Canada	p75
Cape Town	p177
Chile	p32, p34
China	p42, p171
Colombia	p136
Costa Rica	p165
Croatia	p83
Czech Republic	p88
Denmark	p33
El Salvador	p164, p165
Falkland Islands	p31
France	p36
Finland	p89, p91
Georgia	p96
Greenland	p91
Guatemala	p165
Honduras	p164
India	p46, p167
Ireland	p77
Italy	p36, p92
Japan	p70
Kazakhstan	p32
Kenya	p65
Kyrgyzstan	p32, p81
Laos	p30
Lebanon	p83
Mongolia	p31
Namibia	p66
Nicaragua	p68, p164
Norway	p33, p91, p92
Pakistan	p75
Panama	p165
Papua New Guinea	p167
Patagonia	p72
Portugal	p81
Saudi Arabia	p85
South Georgia	p31
Sweden	p33, p89
Switzerland	p92
Tajikistan	p32
Tenerife	p179
Thailand	p30
Turkmenistan	p32
Uzbekistan	p32
Vietnam	p30
Wrangel Island	p116
Zimbabwe	p79

Explore

23 Grapevine

The latest news and trips in travel

28 Go now: Aqaba

As flights double up, we revisit this city's ancient and aquatic treasures

30 The trip

Slow down and take your time on one of these extra-long journeys

36 Eat this

Why a Mont Blanc tart is the tiny treat to reckon with this season

38 Head to head: Central American countries

Costa Rica's packed with oceanic beaches, but will it be Belize's misty Mayan ruins that tempt you?

41 Dream sleep

Epic views over Peru's Sacred Valley await those who dare a stay at Skylodge Adventure Suites

42 Dispatches

Encounter scarf-wearing chickens and storytellers alike in rural China



30



Discover

162 Your travel tips

How to get the most out of Central America, as told by you

165 Just back from

Your tales from Albania

167 The Knowledge

Tales from the road with Nitin Dhani, silver winner of this year's World Guide Awards

168 Ask the experts

From Indian bus journeys to Peruvian hikes, our experts have the tips to fit your trips

170 Instant Expert

Spin yourself into a frenzy with Turkey's Whirling Dervishes

171 Health

Dr Jane shares the lowdown on avoiding disease on your travels

172 Gear

Our go-to gear guru/stand-in Santa wows with her Xmas gift round-up (warning: wrapping not included)

175 Travel books

Hisham Matar finds hope in art in Siena; plus all the latest travel reads



Speak your mind regardless of the consequences... conservation isn't a popularity contest.

For more from **Kris Tompkins**, see our interview on **page 34**



34

