

FORM #5
AUTHOR: MICHELLE WOO
TOPIC: DEEP LISTENING

1. DESCRIBE YOUR TRUE NATURE.

Empty response box for question 1.

2. HOW DO YOU EXPRESS LOVE?

Empty response box for question 2.

3. TELL SOMEONE YOU LOVE THEM TODAY.

4. HOW DO YOU NOURISH HAPPINESS?

Empty response box for question 4.

5. LOOK DEEPLY INTO A FLOWER. WHAT DO YOU SEE?

Empty response box for question 5.

6. ENJOY YOUR MOVEMENTS TODAY.

7. WHAT ROLE DO YOU PLAY IN THE FUTURE?

Empty response box for question 7.

8. WHEN WAS THE LAST TIME YOU SHOWED COMPASSION TO SOMEONE YOU DISAGREED WITH?

Empty response box for question 8.

Michelle Woo is a cultural producer and art historian based in Los Angeles. She is also a co-founder and collaborating artist of For Freedoms.