

Win! A RELAXING RIVER CRUISE FOR TWO

The Lady

6 NOVEMBER - 3 DECEMBER 2020

EXCLUSIVE!
JILLY COOPER
MY ROCKY MARRIAGE & LOVE OF CADS

AUTUMN COMFORTS
Seasonal recipes for all occasions

Christmas gift guide

PERFECT PRESENTS FOR ALL THE FAMILY

Superfoods!
BOOST YOUR HEALTH THE NATURAL WAY

ESTHER RANTZEN
'I'm in a calmer place now'

PLUS
13 pages of quizzes, crosswords and *The Ladygram* challenge

