

FESTIVE FUN! PACKED WITH PUZZLES, THE LADYGRAM & THE BIG ART QUIZ

The Lady

4-31 DECEMBER 2020

**HEROES
OF 2020**
PEOPLE WHO
INSPIRED US
THIS YEAR

DELIA SMITH'S
*Easiest Christmas
recipes yet*

**8 SECRETS
TO BOOST
YOUR BODY
THIS WINTER**

*It's time
to enjoy!*

- ★ *Perfect bakes for Christmas treats*
- ★ *Going for gold – dress to impress*
- ★ *What to read, watch & listen to...
Our critics' seasonal favourites*
- ★ **EXCLUSIVE!** *Short story
by Maggie Alderson*

Win!
**A LUXURY
WEEKEND
BREAK**
for two

**ELAINE
PAIGE**
*'I'm a
survivor'*

**THE GIFT
OF GIVING**
*Our charity
special and
how you
can help*

£5.75

