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### COVER FEATURE Alive and glittering

It has been 12 years since she was diagnosed as having terminal cancer. After huge success with the breast cancer awareness charity CoppaFeel!, Kris Hallenga is taking stock. She talks wild swimming, simple pleasures and why it shouldn't take a crisis for us to reach our potential



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From food bank stickers to safety signage, designers have been responding colourfully to Covid-19

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A global pandemic may not be the most obvious cue to launch a business. But for these entrepreneurs, it has worked

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One bank's compassionate approach during the pandemic has been a lifeline for some UK social and cultural organisations



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'A good divorce' sounds like a contradiction in terms. But it is possible, say those who have done it

“  
People want to come out the other side without burning a huge amount of time and energy on a big fight  
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Image of mother and children (Equi Botanica): amafayemphoto.com