

October 2021  
Volume 15 Number 9

British Journal of

# Healthcare Assistants

For HCAs and assistant practitioners

[www.healthcare-assistants.co.uk](http://www.healthcare-assistants.co.uk)

## CLINICAL

The skin: largest organ of the body

Rare health conditions 51: Aarskog syndrome, Adie syndrome, autoimmune hepatitis, Fowler's syndrome

## PROFESSIONAL

How do I know if I am a good HCA?

You're hired: healthcare apprenticeships in the UK

## HEALTH MATTERS

Editorial: Women in healthcare

World mental health, your mental health

Case management to give holistic care

Last page. De-stress indoor garden opens at Chelsea and Westminster Hospital



## Heroines of healthcare